

# Wellbeing Walks



Spring & Summer 2025

| Date                              | Time        |   |
|-----------------------------------|-------------|---|
| Friday 21st March                 | 10.30-12.30 | <b>Thames path in Twickenham</b><br>Meet Civic Centre, York Street, Twickenham TW1 3BZ  |
| Friday 18 <sup>th</sup> April     | 10.30-12.30 | <b>Longford River through Bushy Park</b><br>Meet High Street Hampton (Uxbridge Road / Pantile Bridge) entrance to Bushy Park TW12 1NB |
| Friday 16 <sup>th</sup> May       | 10.30-12.30 | <b>Ham Parks and Avenues</b><br>Meet Teddington Lock Footbridge<br>Teddington side TW11 9NR   |
| Friday 20 <sup>th</sup> June      | 10.30-12.30 | <b>Twickenham Riverside and Marble Hill.</b><br>Church Lane Twickenham<br>beside Champions Wharf Play area TW1 3DT                    |
| Friday 18 <sup>th</sup> July      | 10.30-12.30 | <b>Hampton Parks and Green Lane</b><br>Hatherop Park, Hatherop Road, Hampton, TW12 2RQ by pavilion ending Hampton Common              |
| Friday 15 <sup>th</sup> August    | 10.30-12.30 | <b>Richmond Green to Kew Green</b><br>Richmond Little Green, The Green, Richmond, TW9 1LX   |
| Friday 19 <sup>th</sup> September | 10.30-12.30 | <b>River Crane Walk</b><br><b>Meet</b> Mill Road entrance to Crane Park TW2 5H  |
| Friday 17 <sup>th</sup> October   | 10.30-12.30 | <b>Terrace Gardens to Little Green, Richmond</b><br>Meet Terrace Gardens Richmond Hill, Richmond, TW10 6RH Opp Friar Stile Road       |

More information contact

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