

Teddington Pools and Fitness Centre

From w/c 14.04.25				MAIN POOL TIMETABLE																																																													
		06:00	06:15	06:30	06:45	07:00	07:15	07:30	07:45	08:00	08:15	08:30	08:45	09:00	09:15	09:30	09:45	10:00	10:15	10:30	10:45	11:00	11:15	11:30	11:45	12:00	12:15	12:30	12:45	13:00	13:15	13:30	13:45	14:00	14:15	14:30	14:45	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45
MONDAY	Club Use	Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim (45) SL		Crash Course						Adult Lane Sw im (45) ML				TSC Masters				Adult Lane Swim SL		Adult Lane Swim ML		Adult Lane Swim ML		Adult Lane Swim ML		Adult Lane Swim (45) SL		Adult Lane Swim (45) SL		Adult Lane Swim ML		Adult Lane Swim SL																											
	Club Use	Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL		General Swim				Aqua Fit				TSC Masters				Adult Lane Swim FL				Adult Lane Swim ML		Funtime Floats		General Swim		General Swim		Adult Lane Swim (45) FL		Adult Lane Swim (45) FL		SwimFit		Adult Lane Swim FL																									
	Club Use	Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Sw im (45) ML		General Swim				Aqua Fit				TSC Masters				Adult Lane Swim ML				Funtime Floats		General Swim		General Swim		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		SwimFit		Adult Lane Swim ML																											
TUESDAY	Club Use	Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim (45) SL		Crash Course				Adult Lane Swim SL		Adult Lane Swim SL		Adult Lane Swim SL		Adult Lane Swim SL		Adult Lane Swim ML		Adult Lane Swim ML		Adult Lane Swim ML		Adult Lane Swim SL		Teddington Swim Club																																			
	Club Use	Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL		General Swim				Adult Lane Swim FL		Adult Lane Swim FL		Adult Lane Swim FL		Adult Lane Swim FL		Funtime Floats		General Swim		General Swim		Adult Lane Swim FL		Teddington Swim Club																																			
	Club Use	Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Sw im (45) ML		General Swim				Adult Lane Swim ML		Adult Lane Swim ML		Adult Lane Swim ML		Adult Lane Swim ML		Funtime Floats		General Swim		General Swim		Adult Lane Swim ML		Teddington Swim Club																																			
WEDNESDAY	Club Use	Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim (45) SL		Crash Course				Adult Lane Swim ML		TSC Masters		Adult Lane Swim SL		Adult Lane Swim SL		Adult Lane Swim ML		Adult Lane Swim ML		Adult Lane Swim ML		Adult Lane Swim SL		Aqua Fit				Adult Lane Swim SL		Sub Aqua																													
	Club Use	Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL		General Swim		Aqua Fit				TSC Masters		Adult Lane Swim FL		Adult Lane Swim FL		Funtime Floats		General Swim		General Swim		Adult Lane Swim FL		Fast Lane (3)		Adult Lane Swim FL		Adult Lane Swim ML		Adult Lane Swim ML		Adult Lane Swim ML																											
	Club Use	Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Sw im (45) ML		General Swim		Aqua Fit				TSC Masters		Adult Lane Swim ML		Adult Lane Swim ML		Funtime Floats		General Swim		General Swim		Adult Lane Swim ML		Adult Lane Swim ML		Adult Lane Swim ML		Adult Lane Swim ML		Adult Lane Swim ML		Adult Lane Swim ML																											
THURSDAY	Club Use	Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim (45) SL		Crash Course				Adult Lane Swim SL		Adult Lane Swim ML		Adult Lane Swim SL		Adult Lane Swim SL		Adult Lane Swim ML		Adult Lane Swim ML		Adult Lane Swim ML		Adult Lane Swim ML		Teddington Swim Club 1900-2200																																			
	Club Use	Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL		General Swim				Adult Lane Swim FL		SwimFit		Adult Lane Swim FL		Adult Lane Swim FL		Funtime Floats		General Swim		General Swim		SwimFit		Teddington Swim Club 1900-2200																																			
	Club Use	Lane Sw Im (45) ML		Lane Sw Im (45) ML		Lane Sw Im (45) ML		Lane Sw Im (45) ML		General Swim				Adult Lane Swim ML		SwimFit		Adult Lane Swim ML		Adult Lane Swim ML		Funtime Floats		General Swim		General Swim		SwimFit		Teddington Swim Club 1900-2200																																			
FRIDAY	CLOSED - Good Friday																																																																
SATURDAY	CLOSED				Lane Swim SL		Lane Swim SL		General Swim		Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim (45) SL		Funtime Floats		General Swim		Adult Lane Swim SL		Adult Lane Swim SL		Adult Lane Swim SL																																						
	CLOSED				Lane Swim FL		Lane Swim FL		General Swim		Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL		Funtime Floats		General Swim		Adult Lane Swim FL		Adult Lane Swim FL		Adult Lane Swim FL																																						
	CLOSED				Lane Swim ML		Lane Swim ML		Lane Swim ML		Staff Training		Staff Training		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Swim ML		Lane Swim ML		Adult Lane Swim ML		Adult Lane Swim ML		Adult Lane Swim ML																																						
SUNDAY	CLOSED				Lane Swim SL		Lane Swim SL		General Swim		Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim (45) SL		Funtime Floats		General Swim 45m																																												
	CLOSED				Lane Swim FL		Lane Swim FL		General Swim		Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL		Funtime Floats		General Swim 45m																																												
	CLOSED				Lane Swim ML		Lane Swim ML		Lane Swim ML		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Swim ML		Lane Sw im (45) ML																																												

Window Side Lane
Middle Lane
Kiosk Side Lane

Window Side Lane
Middle Lane
Kiosk Side Lane

Window Side Lane
Middle Lane
Kiosk Side Lane

Window Side Lane
Middle Lane
Kiosk Side Lane

Window Side Lane
Middle Lane
Kiosk Side Lane

Window Side Lane
Middle Lane
Kiosk Side Lane

Window Side Lane
Middle Lane
Kiosk Side Lane