



# ALL ABILITY CYCLING



Join in one of our free All Ability Cycling Sessions this spring. After being shown how to use the cycles, we are offering the chance for a short ride to explore the park and linked green spaces.

Bikeworks will bring a range of adapted cycles, including single/tandem tricycles, side-by-side cycles for two or more people, wheelchair platform cycles and go-kart style recumbent cycles, designed for people with learning, physical and/or sensory disabilities to enjoy cycling. The sessions are suitable for anyone who wants to cycle in a park. Look out for more dates later in the summer.

## KNELLER GARDENS

Meadway  
Twickenham  
TW2 6PH  
Meet by the pavilion

## WHEN

We will be in the park from 10.30-12.30 on:

April	17 <sup>th</sup> April	
May	1 <sup>st</sup> May	15 <sup>th</sup> May
June	5 <sup>th</sup> June	19 <sup>th</sup> June

## BOOK A 30 MINUTE SESSION

Contact us to book a session:  
Frances [outdoor.learning@outlook.com](mailto:outdoor.learning@outlook.com)  
Lizzy [rise@richmond.gov.uk](mailto:rise@richmond.gov.uk)

In partnership:



More information:  
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