

January-
March 2024

Junior & Adult Spring Programme

Junior programmes will run from Tuesday 2 January to Thursday 28 March.
No courses will run during half term 12 to 18 February.

JUNIOR PROGRAMME

Thursday		R/C	Standard
Karate beg 5+yrs	5.30-6.30pm	£69.60	£84.00
Karate int 8+yrs	6.30-7.30pm	£69.60	£84.00
Friday			
Judo Beg 5+yrs	5.00-6.00pm	£58.00	£70.00
Judo Int 8+yrs	6.00-7.00pm	£58.00	£70.00
<i>Judo courses will start on the 12 January</i>			
Saturday			
RGA gymnastics beg Reception Year 1	9.00-10.00am	£63.80	£77.00
RGA gymnastics int Year 2-Year 4	10.00-11.00am	£63.80	£77.00
RGA gymnastics adv Year 5-Year 6	11.00am-12noon	£63.80	£77.00

ADULT PROGRAMME Adult Programme will run from Wednesday 3 January.

Wednesday		R/C	Standard
Badminton 50+	6.30-8.00pm	£4.40	£5.00
Badminton Beginners	6.30-8.00pm	£7.50	£8.00
Badminton Adult Club	8.00-10.00pm	£6.90	£7.40

Courses and dates/times may be amended. Please check at the centre. Refunds will only be given when a valid doctor's note is supplied.

Beg beginners
Int intermediate

Imp improvers
Adv advanced
All all levels

RGA Richmond Gymnastics Association
R/C Richmond Card with paid for leisure subscription

Shene Sports & Fitness Centre

Park Avenue, East Sheen,
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www.richmond.gov.uk/ssfc

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LONDON BOROUGH OF
RICHMOND UPON THAMES