

# DOMESTIC ABUSE

**Are you isolated at home  
and feeling unsafe?**

**Are you frightened of  
your partner, ex-partner  
or a family member?**

**Are you worried that  
someone you know is  
experiencing abuse?**



**Domestic abuse can affect  
anyone, and it is never your fault.**

**Local services are here for you.**

**Refuge Domestic Abuse  
Support Service in Richmond**

**(020) 3879 3544**

Monday-Friday 9am to 5pm

<https://refuge.org.uk/>

**National Domestic Abuse  
Helpline 24/7**

0808 2000 247

**Metropolitan Police**

If in an immediate danger call 999

For non-emergencies dial 101

**Crimestoppers Anonymous line**

0800 555 111



## SUPPORT SERVICES

If you or anyone you know needs support related to domestic abuse, scan the QR code for support service details