

**TEDDINGTON POOL - SWIM SCHOOL TIMETABLE AUTUMN TERM 2023\***

Pre-School Classes (under 5's)		Stage Classes - Teaching Pool		Stage Classes - Main Pool	
Monday		Monday		Monday	
2.30-3.00	Pre-Sch Beginner	3:45-4:15	Stage 3	3:45-4:15	Stage 5
2:45-3:15	Pre-sch Improver	4:00-4:30	Stage 1	4:00-4:30	Stage 9
3:15-3:45	Pre-sch Beginner	4:15-4:45	Stage 4	4:15-4:45	Stage 6
3:00-3:30	Pre-sch Improver	4:30-5:00	Stage 2	4:30-5:00	Stage 7
		4:45-5:15	Stage 3	4:45-5:15	Stage 6
		5:00-5:30	Stage 2	5:00-5:30	Stage 8
		5:15-5:45	Stage 4	5:15-5:45	SwimFit Junior
		5:30-6:00	Stage 2	5:30-6:00	Stage 10
		5:45-6:15	Stage 3	5:45-6:30	SwimFit Teen
		6:00-6:30	Stage 2	6:30-7:15	Rookies
Tuesday		Tuesday		Tuesday	
09:45-10:15	Pre-sch Improver			3:45-4:15	Stage 5
10:15-10:45	A&C 6-12	4:00-4:30	Stage 2	4:00-4:30	Stage 8
10:45-11:15	A&C 12-24	4:15-4:45	Stage 3	4:15-4:45	Stage 6
11:15-11:45	A&C 24-36	4:30-5:00	Stage 1	4:30-5:00	Stage 7
13:00-13:30	Pre-sch Beginner	4:45-5:15	Stage 4	4:45-5:15	Stage 5
13:00-13:30	Pre-Sch Advanced	5:00-5:30	Stage 2	5:00-5:30	Stage 9
13:30-14:00	Pre-Sch Beginner	5:15-5:45	Stage 3	5:15-5:45	Stage 8
13:30-14:00	Pre-sch Improver	5:30-6:00	Stage 1	5:30-6:00	Stage 6
		5:45-6:15	Stage 4		
		6:00-6:30	Stage 3		
Wednesday		Wednesday		Wednesday	
10:00-10:30	Pre-sch Improver	3:45-4:15	Stage 3	3:45-4:15	Stage 6
10:30-11:00	Pre-sch Beginner	4:00-4:30	Stage 1	4:00-4:30	Stage 6
11:00-11:30	Pre-sch Beginner	4:15-4:45	Stage 4	4:15-4:45	Stage 9
3:00-3:30	Pre-school Beginner	4:30-5:00	Stage 1	4:30-5:00	Stage 5
3:30-4:00	Pre-sch Improver	4:45-5:15	Stage 3	4:45-5:15	Stage 10
		5:00-5:30	Stage 2	5:00-5:30	Stage 7
		5:15-5:45	Stage 4	5:15-5:45	Stage 8
		5:30-6:00	Stage 2	5:30-6:00	Stage 5
				5:45-6:15	Stage 6
Thursday		Thursday		Thursday	
9:30-10:00	Pre-sch Beginner	3:45-4:15	Stage 4	3:45-4:15	Stage 5
10:00-10:30	Pre-sch Improver	4:00-4:30	Stage 2	4:00-4:30	Stage 7
10:30-11:00	Adult & Child 24-36	4:15-4:45	Stage 3	4:15-4:45	Stage 6
11:00-11:30	Adult & Child 12-24	4:30-5:00	Stage 1	4:30-5:00	Stage 8
11:30-12:00	Adult & Child 6-12	4:45-5:15	Stage 4	4:45-5:15	Stage 5
2:45-3:15	Pre-sch Beginner	5:00-5:30	Stage 2	5:00-5:30	Stage 8
3:15-3:45	Pre-sch Beginner	5:15-5:45	Stage 3	5:15-5:45	Stage 6
2:30-3:00	Pre-sch Beginner	5:30-6:00	Stage 1	5:30-6:00	Stage 7
3:00-3:30	Pre-sch Improver	5:45-6:15	Stage 4		
		6:00-6:30	Stage 2		
Friday		Friday		Friday	
9:30-10:00	Pre-sch Improver			3:45-4:15	Stage 8
10:00-10:30	Pre-sch Beginner	4:00-4:30	Stage 2	4:00-4:30	Stage 7
10:30-11:00	Adult & Child 24-36	4:15-4:45	Stage 3	4:15-4:45	Stage 7
11:00-11:30	Adult & Child 12-24	4:30-5:00	Stage 1	4:30-5:00	Stage 5
11:30-12:00	Adult & Child 6-12	4:45-5:15	Stage 4	4:45-5:15	Stage 10
1:00-1:30	Adult & Child 24-36	5:00-5:30	Stage 2	5:00-5:30	Stage 8
2:00-2:30	Pre-sch Advanced	5:15-5:45	Stage 4	5:15-5:45	Stage 6
2:00-2:30	Pre-Sch-Beginner	5:30-6:00	Stage 2	5:30-6:15	SwimFit Teen
2:30-3:00	Pre-Sch Improver	5:45-6:15	Stage 3	5:45-6:15	SwimFit Junior
3:00-3:30	Pre-Sch-Beginner				
		Saturday		Saturday	
		8:00-8:30	Stage 4	8:00-8:30	Stage 8
		8:15-8:45	Stage 3	8:15-8:45	Stage 6
		8:30-9:00	Stage 3	8:30-9:00	Stage 9
		8:45-9:15	Stage 2	8:45-9:15	Stage 5
		9:00-9:30	Stage 4	9:00-9:30	Stage 7
		9:15-9:45	Stage 1	9:15-9:45	Stage 5
		9:30-10:00	Stage 3	9:30-10:00	Stage 10
		9:45-10:15	Stage 2	9:45-10:15	Stage 6
		10:00-10:30	Stage 4	10:00-10:30	Stage 8
		10:15-10:45	Stage 1 (7 Years+)	10:15-10:45	Stage 7
		10:30-11:00	Stage 3		
		10:45-11:15	Stage 1		

\*This timetable is subject to change. Stages may change based on booking demand.