

Friendly Parks for All

Inclusive activities in Richmond Parks 2024/25

Spend time in outside to benefit your health and wellbeing and explore the beautiful parks in the London borough of Richmond upon Thames.



*LONDON BOROUGH OF
RICHMOND UPON THAMES*

For more information email parks@richmond.gov.uk



Friendly Parks for All



The Friendly Parks for All project aims to get more people visiting parks in Richmond and to understand the barriers to spending time in parks. We do this by:

- Improving opportunities to engage with parks for residents to enjoy by improving access for people that face barriers to spending time in parks.
- Promoting the benefits of engaging with the natural environment for health and wellbeing especially for groups who have identified inequalities and face barriers to accessing these spaces.
- Many of the parks in the borough offer outdoor gym equipment, some of these have been installed in consultation with park users who face barriers to engaging with parks.
- Providing tailored activities that address these identified inequalities to address barriers to access and inequalities.
- The monthly activities include monthly accessible walks, all ability cycling, inclusive litter picking and wellbeing walks exploring green spaces in the borough. The council also works with Friends of green spaces many of whom offer opportunities for conservation volunteering.

There is more information on the park pages of the council website:

www.richmond.gov.uk/services/parks_and_open_spaces/explore_richmonds_parks_and_open_spaces

EMAIL parks@richmond.gov.uk for more information

Wellbeing Walks



Spring & Summer 2025

Date	Time	
Friday 21st March	10.30-12.30	Thames path in Twickenham Meet Civic Centre, York Street, Twickenham TW1 3BZ
Friday 18 th April	10.30-12.30	Longford River through Bushy Park Meet High Street Hampton (Uxbridge Road / Pantile Bridge) entrance to Bushy Park TW12 1NB
Friday 16 th May	10.30-12.30	Ham Parks and Avenues Meet Teddington Lock Footbridge Teddington side TW11 9NR
Friday 20 th June	10.30-12.30	Twickenham Riverside and Marble Hill. Church Lane Twickenham beside Champions Wharf Play area TW1 3DT
Friday 18 th July	10.30-12.30	Hampton Parks and Green Lane Hatherop Park, Hatherop Road, Hampton, TW12 2RQ by pavilion ending Hampton Common
Friday 15 th August	10.30-12.30	Richmond Green to Kew Green Richmond Little Green, The Green, Richmond, TW9 1LX
Friday 19 th September	10.30-12.30	River Crane Walk Meet Mill Road entrance to Crane Park TW2 5H
Friday 17 th October	10.30-12.30	Terrace Gardens to Little Green, Richmond Meet Terrace Gardens Richmond Hill, Richmond, TW10 6RH Opp Friar Stile Road

More information contact

Richmond Parks: parks@richmond.gov.uk

Richmond Borough Mind: peer.network@rbmind.org

Ruils: garywilliams@ruils.co.uk 07904608404



Accessible Wellbeing Walks

Spring & Summer 2025

A free monthly guided walk along an accessible path along the river Crane. The walk is open to all but suitable for people in wheelchairs and people using walking aids. The walks are an opportunity to spend time enjoying nature with others.

Meeting place	Meet next to the fountains at The Crane Tap, London Road, Twickenham TW1 1BE opposite Twickenham Station
Meeting time	Meet at 12.45pm Walk 1.00pm-3.00pm
Walking route	Twickenham Junction Rough to Kneller Gardens and return
Transport	Train Twickenham Station for South Western Railways
Bus	Bus routes 110, 267, 281, 681
Disabled Parking	Limited disabled parking is available please book your space
Further information or to register	Email: parks@richmond.gov.uk garywilliams@ruils.co.uk or phone Gary 07904 608 404

Thursday 6 th March	Thursday 3 rd April	Thursday 1 st May
Thursday 5 th June	Thursday 3 rd July	Thursday 7 th August



The Litter Challenge



Spring & Summer 2025

Join our monthly litter pick and work with your local community to benefit people and wildlife.

Date	Time	Meeting place
Thursday 27th March	10.30-11.30	Kneller Gardens Meadway, Twickenham, TW2 6PH Near pavilion
Thursday 24th April	10.30-11.30	Kneller Gardens Meadway, Twickenham, TW2 6PH Near pavilion
Thursday 22nd May	10.30-11.30	Kneller Gardens Meadway, Twickenham, TW2 6PH Near pavilion
Thursday 26th June	10.30-11.30	Kneller Gardens Meadway, Twickenham, TW2 6PH Near pavilion
Thursday 24th July	10.30-11.30	Kneller Gardens Meadway, Twickenham, TW2 6PH Near pavilion
Thursday 28th August	10.30-11.30	Kneller Gardens Meadway, Twickenham, TW2 6PH Near pavilion



More information contact

Richmond Parks: parks@richmond.gov.uk

Richmond Borough Mind: peer.network@rbmind.org



Friendly Parks for All Programme of Activities

Spring & Summer 2025

Date	Time	Meeting Place	Type of Walk
March 2025			
Thursday 6 th March	1.00pm-3.00pm	Meet fountains at The Crane Tap, London Road, Twickenham TW1 1BE opposite Twickenham Station	Accessible Walks
Friday 21 st March 2025	10.30-12.30	Thames path in Twickenham Meet Civic Centre, York Street, Twickenham TW1 3BZ	Wellbeing Walk
Thursday 27 th March	10.30-11.30	Kneller Gardens pavilion Meadway, Twickenham, TW2 6PH	Inclusive litterpick
April 2025			
Thursday 3 rd April	1.00pm-3.00pm	Meet fountains at The Crane Tap, London Road, Twickenham TW1 1BE opposite Twickenham Station	Accessible Walks
Friday 18 th April	10.30-12.30	Longford River through Bushy Park Meet High Street Hampton (Uxbridge Road / Pantile Bridge) entrance to Bushy Park TW12 1NB	Wellbeing Walk
Thursday 24 th April	10.30-11.30	Kneller Gardens pavilion Meadway, Twickenham, TW2 6PH	Inclusive litterpick
May 2025			
Thursday 1 st May	1.00pm-3.00pm	Meet fountains at The Crane Tap, London Road, Twickenham TW1 1BE opposite Twickenham Station	Accessible Walks
Friday 16 th May	10.30-12.30	Ham Parks and Avenues Meet Teddington Lock Footbridge Teddington TW11 9NR	Wellbeing Walk
Thursday 22 nd May	10.30-11.30	Kneller Gardens pavilion Meadway, Twickenham, TW2 6PH	Inclusive litterpick
June 2025			
Thursday 5 th June	1.00pm-3.00pm	Meet fountains at The Crane Tap, London Road, Twickenham TW1 1BE opposite Twickenham Station	Accessible Walks
Friday 20 th June	10.30-12.30	Twickenham Riverside and Marble Hill. Champions Wharf Church Lane Twickenham TW1 3DT	Wellbeing Walk
Thursday 26 th June	10.30-11.30	Kneller Gardens pavilion Meadway, Twickenham, TW2 6PH	Inclusive litterpick
July 2025			
Thursday 3 rd July	1.00pm-3.00pm	Meet fountains at The Crane Tap, London Road, Twickenham TW1 1BE opposite Twickenham Station	Accessible Walks
Friday 18 th July	10.30-12.30	Hampton Parks and Green Lane Hatherop Park, Hatherop Road, Hampton, TW12 2RQ by pavilion ending Hampton Common	Wellbeing Walk
Thursday 24 th July	10.30-11.30	Kneller Gardens pavilion Meadway, Twickenham, TW2 6PH	Inclusive litterpick
August 2025			
Thursday 7 th August	1.00pm-3.00pm	Meet fountains at The Crane Tap, London Road, Twickenham TW1 1BE opposite Twickenham Station	Accessible Walks
Friday 15 th August	10.30-12.30	Richmond Green to Kew Green Richmond Little Green, The Green, Richmond, TW9 1LX	Wellbeing Walk
Thursday 28 th August	10.30-11.30	Kneller Gardens Meadway, Twickenham, TW2 6PH Near pavilion	Inclusive litterpick