Welcome to our regular update for information and services supporting people with dementia, their families and their carers in Richmond.

Richmond Carer Centre Annual Carer Conference: The Care Act 2014

The Care Act is aimed at making care and support more consistent across the country. Its aim is to enable adults and their carers to live as well as possible with any illness or disability they may have and enable carers to access practical help with day-to-day issues, provide links so they are connected to their community and have access to emotional support at a time of difficulty and stress. The changes are designed to help you plan for the future and put you more in control of the help you receive.

Richmond Carer Centre are hosting an event on Wednesday 10 June 10am - 1.00pm. The main topic is how the Care Act is being implemented locally and how this will affect you. The programme will cover the key changes the Care Act brings, how this will affect carers assessments, support and services and changes in relation to the person being supported.

The morning also includes an optional session on the benefits of IPAD/TABLET technology. Booking is essential. Call 020 8867 2380 for more information.

My Life Films - free film packages for people living with dementia!

My Life Films make biographical films for people living with dementia and their families. The films include photographs from childhood until the present day and interviews with key family members to create a life story in chapters. My Life Films work closely with the person with dementia and their families through all stages visiting, either at home or their care home. Packages are completely free, supported by a grant from the Richmond Parish Lands Charity. Please visit www.mylifefilms.org for more details or contact Jessica on 07939 105430 or jessica@mylifefilms.org for more information or to commission a film.

Cinema Exhibitors Association (CEA) card

Going to the cinema can be an expensive outing these days. The CEA card scheme is a national scheme where someone who receives a disability benefit such as Disability Living Allowance/Attendance Allowance can get a complimentary ticket for someone to go with them for free. The cost of the card is £6 a year. Both the Richmond Odeon and Curzon Richmond are part of the scheme. For more information contact CEA on 023 9244 8545 or www.ceacard.co.uk/

Our team is now complete - Hilary Dodd has been appointed Services Manager for Richmond and Kingston, and Shuan Pereira as Dementia Support Manager to support Hilary in her role across Richmond. Hilary and Shuan look forward to being involved in all the Alzheimer’s Society services and activities around the Borough and working with our clients and partners to ensure the people with dementia and their carers, family and friends have the support that they need.

Alzheimer’s Society Dementia Helpline 0300 222 1122
Monday - Friday, 9.00am- 5pm  Saturday - Sunday, 10am - 4pm
Richmond Calendar of events Jun - Aug 2015

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Whatever your dementia enquiry, simply contact our office and our friendly staff will guide you to the most appropriate service. Our aim is to give everyone a named main contact for your enquiries.

Alzheimer’s Society Richmond Office 020 8877 0033 or richmondservices @alzheimers.org.uk
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<td>We will be running the Carers Information and Support Programme (CrISP) workshop on Friday afternoons (1.30- 4.00pm) in Barnes Hospital. The workshop is aimed at carers of those in the early stages of dementia. The course provides information and support covering What is Dementia? Caring for someone with dementia, legal and money matters and planning for the future. Please contact the office on the number below to register your interest or find out more.</td>
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**Diary dates: Jun - Aug 2015**

**Caring Café at Sheen Lane Day Centre.** 74 Sheen Lane, Sheen SW14 8LP.  
Saturday 11.00 – 3.30pm. Third Sat of Month: 20th Jun, 18th Jul, 15th Aug

**Caring Café at Homelink Specialist Day Respite Care Centre,** Augustine’s Vicarage, Hospital Bridge Road, Twickenham TW2 6DE  
Saturday 11.00 - 3.30pm. First Sat of the Month: 6th Jun, 4th Jul, 1st Aug

**Carer's Support Group: Caring Café:** **1.30 - 2.30pm**
Sheen Lane Day Centre: 20th Jun and Homelink Specialist Centre: 7th March

**Expert Carers Support Group: Caring Café,** **1.30 - 2.30pm**
Sheen Lane Day Centre: 18th July and Homelink Specialist Centre: 6th Jun, 1st Aug

**Caring at a distance Support group: Caring Café** **11.30 – 12.30pm**
Sheen Lane Day Centre: 18th Jul and Homelink Specialist Centre: 6th Jun, 1st Aug

**Evening Carer's Support Group: Richmond Carers Centre, Briar Rd, Twickenham  6.30-8.00pm:**
24th Jun, 29th Jul, 26th Aug

Booking is not essential for Carers Support Groups and the Caring Café, however please call our office before attending to check groups have not been cancelled for any reason.

**Supper Club:** Woodville Centre at Ham, Woodville Rd, Ham, TW10 7QW.  
6.00 - 8.00pm 2nd Thursday of the Month  11th Jun, 9th Jul, 13th Aug

**Royal Academy 'In Mind':** Next trip 17th June, 16th July, 15th August

**Support groups for people with dementia and young people with dementia:** The Monday groups will be on summer break from 20 July and the Tuesday group from 03 August. Both groups will re-start w/c 7 September.

**Richmond Gate Coffee Morning:** Richmond Gate Hotel, 10.30am-12.30pm on 17th Jun

**Dementia Friendly Activities:** Other activities are being planned or re-assessed so please do contact the office if you have any queries. Some activities will take a break over the month of August, so please contact the office to check that any activity is running or for more information

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**Richmond Contacts**

**Hilary Dodd:** Services Manager (Richmond and Kingston)  
**Shuan Pereira:** Dementia Support Manager  
**Rita Cowperthwaite:** Dementia Support Worker: Richmond West (Twickenham, Teddington, Hampton, Whitton)  
**Hollie Liu:** Dementia Support Worker: Richmond East (Richmond, Kew, Barnes, Sheen, Mortlake) and Carer Support Worker (all Borough)  
**Nadia Mahri:** Dementia Information Navigator: CILS, Teddington, The Hamptons, Richmond, Kew, Petersham and Ham . Dementia Support Worker: Young Person with Dementia Project  
**Sandra Safie:** Dementia Information Navigator, CILS, Twickenham, Whitton, Barnes, Mortlake & Sheen  
**Katerina Koukou:** Dementia Adviser  
**Elizabeth Venn:** Dementia Support Worker/Dementia Support Group Facilitator  
**Robert Buchanan:** Service Administrator

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Alzheimer's Society, South West London,  
241 Garratt Lane, Wandsworth SW18 4DU  
Tel: 020 8877 0033   Fax: 020 8874 7254  
Email: swlondon@alzheimers.org.uk   Web: alzheimers.org.uk

Alzheimer’s Society. Registered charity no. 296645. A company limited by guarantee and registered in England no. 2115499. Registered office: Devon House,  
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