

# Teddington Pools and Fitness Centre

Valid from w/c 16/05/22

## MAIN POOL TIMETABLE

	06:00	06:15	06:30	06:45	07:00	07:15	07:30	07:45	08:00	08:15	08:30	08:45	09:00	09:15	09:30	09:45	10:00	10:15	10:30	10:45	11:00	11:15	11:30	11:45	12:00	12:15	12:30	12:45	13:00	13:15	13:30	13:45	14:00	14:15	14:30	14:45	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45
MONDAY	Club Use	Adult Lane Swim 7:05			Adult Lane Swim				Over 60 Lane Swim				Adult Lane Swim				Adult Lane Swim				TSC Masters				Adult Lane Swim				Adult Lane Swim				Swim School				Swim School				Swim School				Adult Swim School				Adult Lane Swim															
	Club Use	Adult Lane Swim 7:05			Adult Lane Swim				Over 60 Lane Swim				Adult Lane Swim				Aqua Fit				TSC Masters				Adult Lane Swim				Adult Lane Swim				Swim School 121 Lessons				Adult Lane Swim (45)				Adult Lane Swim (45)				SwimFit				Adult Lane Swim															
	Club Use	Adult Lane Swim 7:05			Adult Lane Swim				Over 60 Lane Swim				Adult Lane Swim								Adult Lane Swim				Adult Lane Swim				Adult Lane Swim				General Swim				General Swim				Adult Lane Swim (45)				Adult Lane Swim (45)				SwimFit				Adult Lane Swim											
TUESDAY	Club Use	Adult Lane Swim 7:05			Adult Lane Swim (45)				School				Adult Lane Swim				Adult Lane Swim				SwimFit				Adult Lane Swim				School Lessons				Adult Lane Swim (45)				Swim School				Swim School				RISE				Teddington Swim Club															
	Club Use	Adult Lane Swim 7:05			Adult Lane Swim				Over 60 Lane Swim				Adult Lane Swim				Adult Lane Swim				SwimFit				Adult Lane Swim				Adult Lane Swim				Adult Lane Swim				Swim School 121 Lessons				Adult Lane Swim				Teddington Swim Club																			
	Club Use	Adult Lane Swim 7:05			Adult Lane Swim				Over 60 Lane Swim				Adult Lane Swim				Adult Lane Swim				Adult Lane Swim				Adult Lane Swim				Adult Lane Swim				General Swim				General Swim				Adult Lane Swim				Teddington Swim Club																			
WEDNESDAY	Club Use	Adult Lane Swim 7:05			Adult Lane Swim								Adult Lane Swim				Adult Lane Swim				TSC Masters				Adult Lane Swim				Adult Lane Swim				121's				Swim School								Club Use				Aqua Fit				Adult Lane Swim				Sub Aqua							
	Club Use	Adult Lane Swim 7:05			Adult Lane Swim				School Lessons				Adult Lane Swim				Aqua Fit				TSC Masters				Adult Lane Swim				Adult Lane Swim				Adult Lane Swim				Swim School 121 Lessons				Club Use				Club Use				Aqua Fit				Adult Lane Swim				Adult Lane Swim							
	Club Use	Adult Lane Swim 7:05			Adult Lane Swim				School Lessons				Adult Lane Swim				Aqua Fit				TSC Masters				Adult Lane Swim				Adult Lane Swim				Adult Lane Swim				General Swim				General Swim				121 Lessons				Adult Lane Swim				Adult Lane Swim				Adult Lane Swim							
THURSDAY	Club Use	Adult Lane Swim 7:05			Adult Lane Swim (45)				Over 60 Lane Swim				Adult Lane Swim				Adult Lane Swim				SwimFit								School				Adult Lane Swim				Swim School				Swim School				Adult Lane Swim				Teddington Swim Club															
	Club Use	Adult Lane Swim 7:05			Adult Lane Swim (45)				School Lessons				Adult Lane Swim				SwimFit								School				Adult Lane Swim				Swim School 121 Lessons				Adult Lane Swim				Teddington Swim Club																							
	Club Use	Adult Lane Swim 7:05			Adult Lane Swim (45)				School Lessons				Adult Lane Swim				Adult Swim School				Adult Lane Swim				Adult Lane Swim				Adult Lane Swim				General Swim				General Swim				Adult Lane Swim				Teddington Swim Club																			
FRIDAY	Club Use				Adult Lane Swim				Over 60 Lane Swim				Adult Lane Swim				Adult Lane Swim				TSC Masters				Adult Lane Swim				Strahmore School				Swim School				SwimFit Development				Richmond Swim Club																							
	Club Use	Adult Lane Swim			Adult Lane Swim				Over 60 Lane Swim				Adult Lane Swim				Aqua Fit				TSC Masters				Adult Lane Swim				Adult Lane Swim				Swim School 121 Lessons				Club Use				Richmond Swim Club																							
	Club Use	Adult Lane Swim			Adult Lane Swim				Over 60 Lane Swim				Adult Lane Swim				Aqua Fit				Adult Lane Swim				Adult Lane Swim				Adult Lane Swim				General Swim				General Swim				Club Use				Richmond Swim Club																			
SATURDAY	CLOSED	CLOSED			Swim School				Swim School				Adult Lane Swim				Adult Lane Swim				Adult Lane Swim				General Swim				General Swim				Teddington Swim Club																															
	CLOSED	CLOSED			121 Lessons				Adult Lane Swim				Adult Lane Swim				Adult Lane Swim				General Swim				General Swim				Teddington Swim Club																																			
	CLOSED	CLOSED			Adult Lane Swim				Adult Lane Swim				Adult Lane Swim				Adult Lane Swim				Adult Lane Swim				Adult Lane Swim				Adult Lane Swim				Teddington Swim Club																															
SUNDAY	CLOSED	CLOSED			Adult Lane Swim				Adult Lane Swim				General Swim				Adult Lane Swim				Adult Lane Swim				Adult Lane Swim				General Swim				General Swim				Teddington Swim Club																											
	CLOSED	CLOSED			Adult Lane Swim				Adult Lane Swim				General Swim				Adult Lane Swim				Adult Lane Swim				Adult Lane Swim				General Swim				General Swim				Teddington Swim Club																											
	CLOSED	CLOSED			Adult Lane Swim				Adult Lane Swim				General Swim				Adult Lane Swim				Adult Lane Swim				Adult Lane Swim				General Swim				General Swim				Teddington Swim Club																											