

Teddington Pools and Fitness Centre

From w/c 02/05/22

MAIN POOL TIMETABLE

	06:00	06:15	06:30	06:45	07:00	07:15	07:30	07:45	08:00	08:15	08:30	08:45	09:00	09:15	09:30	09:45	10:00	10:15	10:30	10:45	11:00	11:15	11:30	11:45	12:00	12:15	12:30	12:45	13:00	13:15	13:30	13:45	14:00	14:15	14:30	14:45	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45
MONDAY	CLOSED (Bank Holiday)																																																															
TUESDAY	Club Use	Adult Lane Swim 7:05	Adult Lane Swim (45)	School		Adult Lane Swim	Adult Lane Swim	SwimFit	Adult Lane Swim	School Lessons	Adult Lane Swim (45)	Swim School										RISE	Teddington Swim Club																																									
	Club Use	Adult Lane Swim 7:05	Adult Lane Swim	Over 60 Lane Swim	Adult Lane Swim	Adult Lane Swim	SwimFit	Adult Lane Swim	School Lessons	Adult Lane Swim	Swim School										Staff Training	Teddington Swim Club																																										
	Club Use	Adult Lane Swim 7:05	Adult Lane Swim	Over 60 Lane Swim	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	General Swim	General Swim	Adult Lane Swim	Teddington Swim Club																																																	
WEDNESDAY	Club Use	Adult Lane Swim 7:05	Adult Lane Swim			Adult Lane Swim	Adult Lane Swim	TSC Masters	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim (45)	Swim School										Club Use		Adult Lane Swim	Sub Aqua																																							
	Club Use	Adult Lane Swim 7:05	Adult Lane Swim	School Lessons		Adult Lane Swim	Aqua Fit	TSC Masters	Adult Lane Swim	Adult Lane Swim	121's	Swim School										Club Use	Aqua Fit	Adult Lane Swim																																								
	Club Use	Adult Lane Swim 7:05	Adult Lane Swim	School Lessons		Adult Lane Swim	Aqua Fit	TSC Masters	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	General Swim	General Swim	121 Lessons	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim																																															
THURSDAY	Club Use	Adult Lane Swim 7:05	Adult Lane Swim (45)		Over 60 Lane Swim	Adult Lane Swim	Adult Lane Swim	SwimFit	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim (45)	Swim School										Adult Lane Swim	Teddington Swim Club																																									
	Club Use	Adult Lane Swim 7:05	Adult Lane Swim (45)	School Lessons		Adult Lane Swim	SwimFit		School Lessons		Adult Lane Swim	Swim School										Adult Lane Swim	Teddington Swim Club																																									
	Club Use	Adult Lane Swim 7:05	Adult Lane Swim (45)	School Lessons		Adult Lane Swim	Adult Swim School		School Lessons		Adult Lane Swim	General Swim	General Swim	Adult Lane Swim	Teddington Swim Club																																																	
FRIDAY	Club Use		Adult Lane Swim	Over 60 Lane Swim	Adult Lane Swim	Adult Lane Swim	TSC Masters	Adult Lane Swim	Stramore School	Adult Lane Swim	Swim School										SwimFit Development	Richmond Swim Club																																										
	Club Use	Adult Lane Swim	Adult Lane Swim	Over 60 Lane Swim	Adult Lane Swim	Aqua Fit	TSC Masters	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	Swim School										Club Use	Richmond Swim Club																																										
	Club Use	Adult Lane Swim	Adult Lane Swim	Over 60 Lane Swim	Adult Lane Swim	Aqua Fit	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	General Swim	General Swim	Adult Lane Swim	Richmond Swim Club																																																		
SATURDAY	CLOSED	CLOSED	Swim School										Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	General Swim	General Swim	Teddington Swim Club																																														
	CLOSED	CLOSED	121 Lessons										Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	General Swim	General Swim	Teddington Swim Club																																														
	CLOSED	CLOSED	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	Teddington Swim Club																																																				
SUNDAY	CLOSED	CLOSED	Adult Lane Swim	Adult Lane Swim	General Swim	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	General Swim	General Swim	Teddington Swim Club																																																			
	CLOSED	CLOSED	Adult Lane Swim	Adult Lane Swim	General Swim	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	General Swim	General Swim	Teddington Swim Club																																																			
	CLOSED	CLOSED	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	Teddington Swim Club																																																			