

Voluntary Sector Forum

Wednesday 20 September 2017, 2:30pm – 4:30pm

Salon, York House, Twickenham

Notes of the Meeting

1. Welcome

Cllr Linnette welcomed all attendees to the meeting as the new Cabinet Member for Culture, Sport and the Voluntary Sector. He thanked Cllr Chappell for her previous work supporting the Voluntary Sector and acknowledged the particular importance of the sector in Richmond. Cllr Linnette also highlighted the Community Awards and the incredible people who give their time including Dr Ian Bruce (in attendance today) from the Richmond Society who received an award.

2. Richmond Council Update

Mandy Skinner, Assistant Chief Executive (Customers and Partnerships) LBRuT and Richard Wiles (Head of commissioning – Prevention and Wellbeing) LBRuT, gave a presentation on council updates.

- CILS Update
- Commissioning of Advice Services and Healthwatch
- Village Planning Phase 3
- Civic Pride

3. Richmond CVS Update

Kathryn Williamson, Director of RCVS, outlined their achievements so far this year including the Volunteer Fair and Funding Focus event.

Julie Gavin, Services Coordinator - Advice and Training, RCVS highlighted forthcoming changes to GDPR - Data Protection policies. The changes will affect the way all organisations deal with paper and digital data. The Trustee board of an organisation should take responsibility for communicating the changes to all staff. This could also impact on staff who are lone working and may need to know about client vulnerability or safeguarding issues. Links to further sources of information are in the presentation and RCVS will be shortly sending a briefing via their e-newsletter to their contact list.

4. Village Planning Fund

Anna Sadler, Community Links Co-ordinator, LBRuT provided an update on the Village Planning Fund. Applications have been received and assessed against the fund criteria by an officer panel. They are being validated and will go out to public consultation 2 – 27 October. The consultation process is currently being finalised.

Questions were asked around voting by those who work, but do not live in the borough, how the online system will register votes and if there will be a paper voting option. The details are being finalised currently, but the queries raised will be taken into consideration. It was also suggested that the Youth Council are involved to get a younger perspective on the projects.

5. Grassroots Engagement Fund

Mike Derry, Chief Officer, Healthwatch introduced their work to gather the views of people about their needs and experiences of Health and Social Care services and make those views known to commissioners and providers.

The Grassroots Engagement Fund is a small pot of funding that local groups can bid for to hold a one-off event (maximum of £750 per event). In return, Healthwatch can gather the views of local people on healthcare. More information can be found at: www.healthwatchrichmond.co.uk/grassroots-engagement-fund.

Cllr Linnette mentioned that many groups lack qualified first aiders and asked if funds could be used to assist with this. The focus of the fund is more for a one-off fun event.

Attendees at the forum echoed the need for first aid training and manual handling. Colin Cooper, SWLEN and Jenny Hughes, FiSH had good contacts for trainers. RCVS agreed to investigate this further.

6. YMCA Inclusive Lives Project

Hayley Turner, Inclusive Live Project Co-ordinator, YMCA London South West outlined several projects that they run:

Blossoming Y: Volunteers have transformed a space at the front of the White House into an area for learning and creativity for people living with a disability or mental illness. They are always looking for volunteers to help clean up and design the area as well as organisations to take responsibility of a plot (raised bed) to run a project from. They currently meet every 2nd and 4th Friday of the month from 10:30-12:30 and hold ad hoc Saturday events. [Contact hayleyturner@ymcalsw.org](mailto:hayleyturner@ymcalsw.org) for more details.

Travelling Instructor: This service is a way of getting people in the community, in care home or day centres to try new things and get active. YMCA London South West can bring an inclusive, qualified and enthusiastic instructor to you FREE of charge on a day and time that suits you and the participants.

Live Well Be Well: A 10 week healthy lifestyle and nutrition course run at YMCA centres or they can arrange a course at your local venues.

Life skills and Employment course: A 6 week course led by Paralympian Tim Prendergast exploring confidence, interview skills, social skills, team building and goal setting. This course is free for anyone with a disability or additional needs looking for volunteer or paid work.

When: Thursdays 21 Sept – 26 Oct 10:30-2pm

Where: Richmond Adult community college

[Contact hayleyturner@ymcalsw.org](mailto:hayleyturner@ymcalsw.org) for more details.

Festive Wellness: Explore your emotions and experience increased wellbeing through art, movement and music. Free and open to all.

Where: YMCA White house

When: Wednesdays 2-5pm from the 8th Nov- 13th Dec

For more information contact the release Team: T 0208339 7310 / E team.release@ymcalsw.org

Where: Richmond Adult community college

When: Thursdays 11-2:30 from 2nd Nov-7th Dec

[Contact hayleyturner@ymcalsw.org](mailto:hayleyturner@ymcalsw.org) for more details.

7. Overview of Social Prescribing and Barnes Pilot

Lucy Byrne, Chief Executive, Richmond AID explained that Richmond AID have been commissioned by Richmond CCG to deliver a six months social prescribing project starting on 2 October 2017. The pilot will involve working with 3 GP surgeries in Barnes village.

Community Navigators will operate out of the GP surgeries and will work with GP referrals to provide people with a personalised well-being plan (six sessions) to engage with local services, activities and support. They will be working closely with GP practices to identify clients that regularly attend primary care for a non-medical need.

Richmond AID are currently mobilising and are developing leaflets, consent forms, engaging with GP practices to sort out the practicalities around IT and space.

Lucy is hoping to send out leaflets shortly to local groups explaining more about the project and also to arrange a meeting to further inform local groups. Angela Ivey highlighted free activities listing available on www.visitrichmond.co.uk.

Richmond AID will have access to patients' medical records which they will update with client progress including uptake of services, well-being and quality of life outcomes. To evaluate the project they will use the well-being star which is a validated self-reporting tool. The overall project evaluation will look at reductions in clients accessing primary care, as well as other short term and long term outcomes for the clients.

8. Open Forum

Groups highlighted forthcoming projects and events:

- **Hate Crime Forum** on Wednesday 4 October at Clarendon Hall, York House, Twickenham TW1 3AA from 9.30am – 15.45pm. To book a place email: twickhcevent@gmail.com or for queries contact: Ravi 020 8893 9444 or David 07778 401942
- **ETNA Community Centre**, 13 Rosslyn Road, TW1 2AR has some office space available for charities from December / January. The offices are on the first floor and are approximately

10 metres square. They also have rooms to hire for meetings and events. Contact Vanessa 020 8892 3676.

- **Richmond Green Gym** is now open and meets every week on Wednesday at 10.45am – 2pm. The meeting point is at Kneller Gardens café (TW2 6PH) at 10.45am. Contact Chloe 07717494476 or gg-richmond@tcv.org.uk to book your place or just turn up on the day.
- **Richmond Borough Mind** has now moved from Richmond Royal. Their Carers and Psychotherapy & Counselling teams are operating from the Maddison Centre in Teddington, their low intensity IAPT team are in St Johns Health Centre (Twickenham), and their core team are currently in RACC. The new Recovery Hub on Hampton road (Twickenham Green) is due to be reopening for the Wellbeing Centre in early October. All of the services will continue to operate as normal – but please check <http://www.rbmind.org/> for up to date contact details and addresses
- **Healthwatch** are hosting an event - The Future of Mental Health Care in Richmond, exploring Mental Health in Richmond, the challenges people currently face, the improvements being made and the road to better care. 9th November 2017, 18:00 - 21:00 (Registration from 17:30), York House, Twickenham, Refreshments provided. [REGISTER HERE](#) or call 0208 099 5335.