

Richmond Young People's Survey

Findings from the 2014 survey

A themed report for relationships and sexual health

The questionnaire

The Richmond Young People's Survey was developed by the Schools Health Education Unit (SHEU) in partnership with Achieving for Children and the London Borough of Richmond Upon Thames Public Health Team. The purpose of the survey was to obtain pupils' views on aspects of health and wellbeing including: healthy eating; safety; emotional wellbeing and leisure time.

Methodology

All primary, secondary and academy schools were invited to participate in the survey during the autumn term 2014, with the focus on Years 5, 6, 7, 8 and 10 pupils. All surveys were undertaken anonymously online or via a paper based version. Completed paper questionnaires were returned securely to SHEU for processing which were then combined with the online results.

Participation

A total of 2801 pupils took part from 18 primary and junior schools, 4 secondary schools. There was a reasonable mixture of boys and girls across the specified year groups. 67% of the pupils surveyed described themselves as White British. 10% of pupils said that they had an additional need or disability. 11% said they were eligible for free school meals.

Cross-phase data

Many of the questions in each survey (primary and secondary) are identical or very similar. Due to the nature of this topic however most of the questions for the Year 6 and 7 pupils are different when compared with those asked of the older age groups so this analysis has not been possible in this report.

Links

It is possible to look for connections between the answers pupils gave to different questions in the survey and to look at behaviour profiles, such as whether a pupil who has low self esteem is likely to be bullied, etc. The analysis for this theme is not shown in this report, but the data can be provided if required.

Reports

Further detailed reports, containing a summary of all responses received by the pupils are available. There are also 3 other themed reports to accompany this one - see list below.

2,801 young people were involved in the survey

School Year	Year 5	Year 6	Year 7	Year 8	Year 10	Total
Age	9-10	10-11	11-12	12-13	14-15	
Boys	76	451	308	204	184	1,223
Girls	77	458	413	302	325	1,575
Total	153	909	721	509*	509	2801*

*3 pupils didn't tell us their gender

Reference sample

Richmond data have been compared with the SHEU wider survey sample of local authorities that have undertaken the survey and use the same questions.

A selection of some of the questions that have been compared with the wider SHEU data, is indicated on pages 3 and 5.

For more details please contact SHEU Phone 01392 667272
www.sheu.org.uk

Themed reports. This is number 4 of 4 reports

1) Healthy lifestyles

2) Drug education and substances

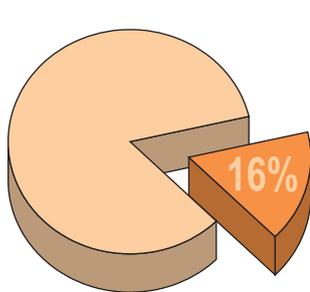
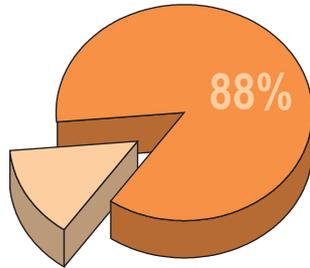
3) Emotional health and wellbeing

4) Relationships and sexual health

Richmond school pupils in Year 5 - Year 7 (ages 9 - 12)

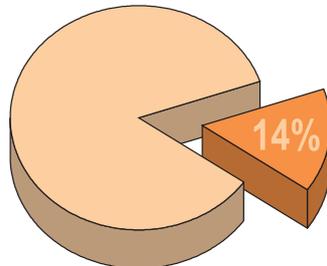
FRIENDSHIPS

- 88% of pupils said that they feel happy talking to other pupils at school.
- 72% of pupils said that other pupils at school do not usually fall out with them.
- 17% of pupils said that they often have to find new friends because their friends are with someone else.

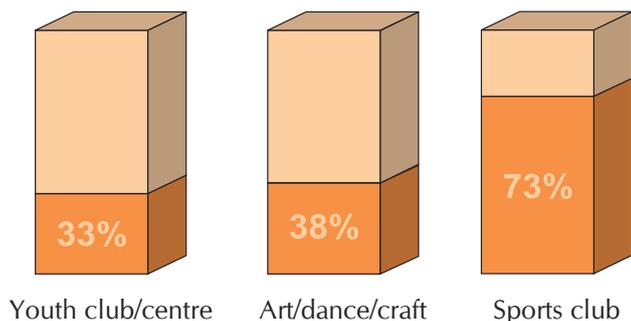


- 16% of girls said that they worry at least 'quite often' about problems with friends.
- If they were worried or upset about their friendships, 48% said they would speak to their parents/carers first for help.

- 9% of pupils said they would talk to their brothers or sisters. 12% said they would talk to their friends first, 12% said they would talk to their teacher.
- 14% of pupils said they would keep their friendship worries to themselves.

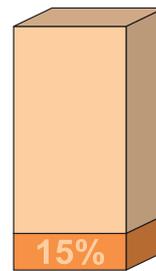
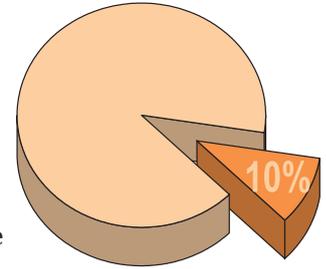


- Pupils were asked about what they do in their free time. The following offer opportunities to mix with other young people:

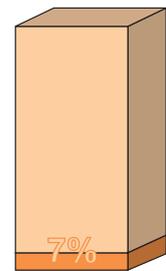


WORRIES

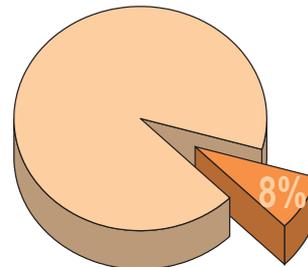
- 10% of pupils worried 'quite often' or 'very often' about the way they looked.
- Girls reported worrying about this more than boys did. Worrying about this increased with age and the differences between gender responses widen. In Year 6, 8% of boys and 11% of girls said they worried about the way they look.
- 15% of Year 7 girls worried 'quite often' or 'very often' about the way they look. 7% of Year 7 boys said the same.



Year 7 Girls

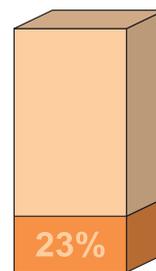


Year 7 Boys

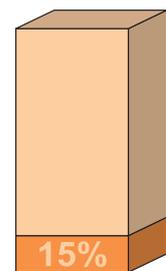


- 8% of pupils said they worried about being fashionable.
- There were differences between the answers for boys and girls for this question. 5% of boys compared with 10% of girls.

- 23% of girls and 15% of boys worry about what other people think of you.



Girls

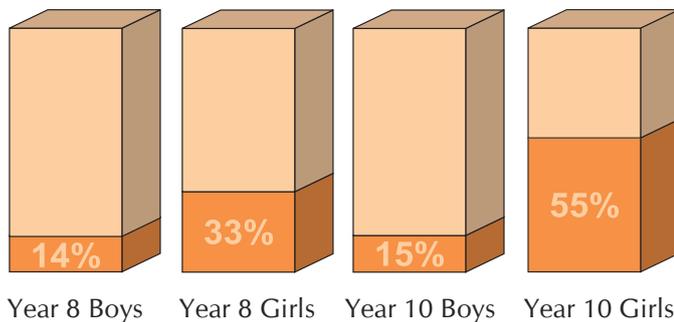


Boys

Richmond secondary school pupils in Year 8 and Year 10 (ages 12 - 15)

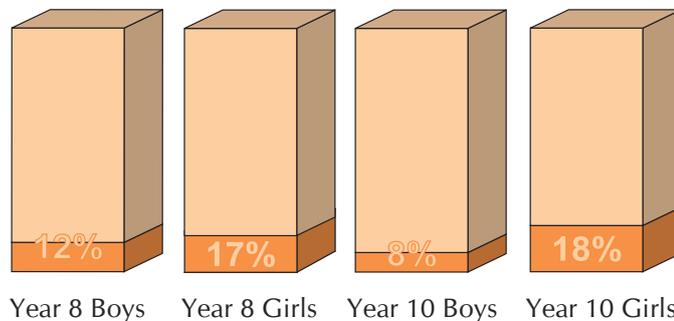
WORRIES

- 11% of boys and 25% of girls worry about problems with friends 'quite often' or 'very often'.
- If they were worried about a problem with friends, 41% said they would talk to their mother and father about it, 17% would talk to a friend, but 15% would keep the worry to themselves.
- 33% of pupils worry 'quite a lot' or 'a lot' about the way they look. The figures are higher for girls than for boys. The biggest worriers are the Year 10 girls:**



RELATIONSHIPS

- 14% of pupils worry 'quite a lot' or 'a lot' about abusive relationships:**

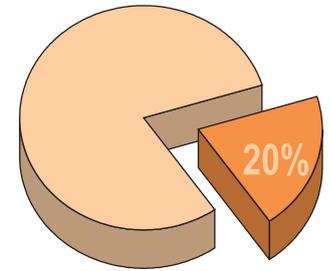


- 4% of Year 10 pupils said that they have experienced a boy/girlfriend putting pressure on them to do things they didn't want to do.
- 11% said their boy/girlfriend had been jealous when they wanted to spend times with their friends.
- 7% said their boy/girlfriend had kept checking their phone. 4% had used hurtful or threatening language and 1% had threatened to hit them.
- 53% of Year 10 pupils said if any of these things happened to them they would know what to do; 62% said if any of these things happened to them they could get help.

CONTRACEPTION

- 58% Year 10 boys and 45% of Year 10 girls said that they know where to get condoms free of charge.

- 20% of pupils (33% of Year 10) said that there was a contraception and advice service for young people available locally.**
- 62% of pupils said that condoms were reliable methods of stopping pregnancy. 13% said they were not reliable.
- 42% of pupils said that the contraceptive pill was reliable at preventing pregnancy. 22% said they hadn't heard of it.
- 20% of pupils said that the contraceptive implant was reliable at preventing pregnancy. 34% said they hadn't heard of it.
- 21% of pupils said that emergency contraception (morning-after pill) was reliable at preventing pregnancy. 29% said they hadn't heard of it.



SEXUALLY TRANSMITTED INFECTIONS

- 35% of pupils said that they thought condoms were reliable methods of stopping infections like HIV or Chlamydia.
- 9% said none of the methods listed were reliable at stopping infections. 28% of pupils said that abstaining was a reliable method.
- The percentages in the table are for those answering correctly whether the condition could be cured or not:**

Year 10	Boys	Girls
Pubic lice	52%	50%
HIV	43%	46%
Herpes	32%	33%
Genital warts	29%	28%
Chlamydia	28%	27%

COMPARISON BETWEEN RICHMOND PUPILS AND THE SHEU REFERENCE SAMPLE

YEAR 6

- Richmond Year 6 pupils were more likely to respond positively to the questions regarding self-esteem. They were happy talking to other pupils at school, and less likely to say that they fall out with friends. Consequently, 49% of Year 6 pupils in Richmond had high self-esteem compared with 42% of the wider SHEU sample.

YEAR 8 and 10

- 29% of Year 8/10 pupils said they know where to get condoms free of charge. This is lower than the 61% seen in the wider SHEU reference sample.
- 18% of Year 8/10 pupils said that Chlamydia can be treated and cured. This is lower than the 23% seen in the wider SHEU reference sample.
- 20% of Year 8/10 pupils said that there was a special birth control service for young people available locally. 37% of the wider SHEU sample said the same.
- 29% of Year 8/10 pupils correctly said that pubic lice can be treated and cured. This is similar to the 32% of the wider sample saying the same.

The way forward – over to you.

The Richmond Young People's Survey was developed by the Schools Health Education Unit (SHEU) in partnership with the London Borough of Richmond upon Thames Education and Children's Services and the Public Health Team. Since April 2014 Richmond's Children's services have been provided by Achieving for Children.

We are grateful to the teachers, schools and the young people for their time and contributions to this survey. The findings will be used to plan services and inform commissioning decisions and further support joint working. In addition the data will be used to inform plans and strategies with schools, Achieving for Children, the council and partners.

The survey will be conducted on an annual basis to enable The London Borough of Richmond upon Thames to analyse the findings year-on-year.

Richmond schools who took part in the survey:

Archdeacon Cambridge's CE Primary School,
Barnes Primary School,
Buckingham Primary School,
Chase Bridge Primary School,
Collis Primary School,
East Sheen Primary School,
Grey Court School,
Hampton Hill Junior School,
Hampton Junior School,
Heathfield Junior School,
Marshgate Primary School,
Orleans Park School,
Orleans Primary School,
Sacred Heart RC Primary School,
Sheen Mount Primary School,
St. Elizabeth's Catholic Primary School,
St. Mary's CE Primary School,
St. Richard Reynolds Catholic High School,
St. Richard's CE Primary School,
St. Stephen's CE Primary School,
The Vineyard School and
Waldegrave School for Girls.

For more information about the survey please contact:

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