

# Coach Registration Scheme Newsletter

## July 2010



### Coach/Volunteer Registration Scheme

The Borough's coach/volunteer registration scheme continues to grow with over 100 coaches and volunteers registered.

The objectives of the scheme are

- to establish and maintain a database of active coaches and volunteers
- identify development needs for active coaches and volunteers
- provide opportunities for professional development and sharing best practice
- ongoing support and development of sports coaching and volunteering in the borough
- ensuring equality of opportunities for coaches and volunteers

The registration process is quick and easy and can be done online at

[www.richmond.gov.uk/sportsdevelopment](http://www.richmond.gov.uk/sportsdevelopment)

If you would like to update your details at any time then please contact the Sports Development Team

### RISE – Richmond upon Thames Inclusive Sport and Exercise

Richmond upon Thames Inclusive Sport and Exercise (RISE) is a disability sport initiative developed by the Council's sports development team in collaboration with Three Wings Trust. The initiative aims to highlight the wide range of inclusive and disability-specific sports available in the borough. RISE events are held regularly and offer taster sessions in a wide range of sports and physical activities. The sports are carefully selected to ensure that people are able to continue with any chosen sport beyond the RISE session by joining a local sports club or class.



The fourth RISE event was held on Saturday 27 March at Shene Sports and Fitness Centre. It was held to promote the inclusive and disability specific activities that are available within the borough. People who came along tried cricket, wheelchair basketball, dance, aerobics, new age Kurling and many other great activities. All the participants enjoyed taking part in the activities that were on offer.



Coaches and instructors on hand from local clubs and organisations who supported and encouraged everyone to participate on the day. The event was supported by volunteers from Three Wings Trust and Kingston University.



The next RISE event will be held on Saturday 9 October 2010 at Teddington Sports Centre, from 10am-3pm. We will be running the Sports Coach UK Coaching Disabled Performers alongside the RISE event on 9 October from 10.30am-1.30pm, the cost of the course is £25. To find out more or to book a place, please contact the Sports Development Team.

We are looking to increase the number of inclusive and disability specific sport, exercise and physical activities that are available in the borough. If you are keen to get involved in these activities please contact Lizzy Walne on 020 8831 6134 or email [lizzy.walne@richmond.gov.uk](mailto:lizzy.walne@richmond.gov.uk)



## Balfour Beatty London Youth Games 2010

Every year over 50,000 young Londoners from the 32 London Boroughs and the City of London, compete in over 30 different sports competitions that comprise the games. The results from all the different sports are added together and the winning borough wins the Jubilee Trophy.

London Youth Games was launched in 1977 as part of the Queen's Silver Jubilee Celebration. Now in its 33rd year, the Games provides competitive sporting opportunities for young Londoners representing the London Borough they live or go to school in.

### Team Richmond 2010

Over 400 young people who live or go to school in the Borough competed in 48 events across 24 different sports. The competitions started in February 2010 with the cricket events and culminated in a weekend of events at Crystal Palace on 3 and 4 July.

There were outstanding performances across the events and many people were competing in their sport for the first time.

The kayaking, rowing and sailing teams put in a strong performance in their respective sports with the Kayak Sprint team and the Rowing Team winning their events. The results from all the regatta sports were added together and Team Richmond were the overall regatta winners, holding their title for the second year in a row.



On Saturday 3 July the Girls Hockey team took home the trophy for the second year running. The finals weekend also saw silver medals for the indoor rowing and girls' swimming teams and bronze in the aquathlon. The girls football team also achieved bronze, the highest ever position they've achieved, last year the team came 26<sup>th</sup> so climbed an astounding 23 places.

There was also success for the Mini-games team, for those of primary school age on 1 July. Teams entered Tag-Rugby, Football, Netball, Basketball, Swimming, Hockey, Sportshall Athletics and Gymnastics. All competitors worked well in their teams and enjoyed their competitions. The Hockey team achieve bronze and the netball team won gold.

After all the competitions came to a close, the results from the top 28 sports are added up to give an overall winning Borough.

Team Richmond came fourth in the 2010 Games maintaining their position from 2009. A great achievement!



Photographs: Vicki Sharp Photography

To find out more about the opportunities for coaching and volunteering with Team Richmond for the Balfour Beatty London Youth Games 2011, please contact the Sports Development Team  
Tel: 020 8831 6133. For more information visit: [www.richmond.gov.uk/london\\_youth\\_games](http://www.richmond.gov.uk/london_youth_games)

## Courses for Coaches and Volunteers

Course dates and courses –

**Course:** Sports Coach UK Coaching Disabled Performers Workshop

**Date:** Saturday 9 October 2010

**Time:** 10.30am-1.30pm

**Venue:** Teddington Sports Centre

**Cost:** £25

**Details:** This workshop will teach you how to apply and extend your current coaching skills to meet the needs of disabled performers. It looks at terminology, integrated and segregated sessions for disability groups, basic communication skills, safety, medical considerations and much more.

By the end of this workshop, coaches will be able to:

- explain when integration and segregation might be most appropriate
- identify appropriate safety and medical considerations
- review and extend their knowledge of how to adapt their coaching to the specific needs of disabled performers
- design and monitor a programme for a disabled performer taking part in their sport
- direct players to appropriate structures for competition and further coaching.

For more information or to book a place please contact Lizzy Walne, Sport Development Officer, on 020 8831 6134 or email [lizzy.walne@richmond.gov.uk](mailto:lizzy.walne@richmond.gov.uk)

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Continuing Professional Opportunities with Children's Workforce Development London Borough of Richmond upon Thames

The Children's' Workforce Development team organise and coordinate a wide range of training for the wider Children's workforce in the borough. The sessions cover all aspects of working with children including Safeguarding and First Aid. All course information can be accessed in visiting our website.

[http://www.richmond.gov.uk/home/education\\_and\\_learning/workforce\\_development.htm](http://www.richmond.gov.uk/home/education_and_learning/workforce_development.htm)

Course for the next academic year will go live on 9 August 2010 but in the meantime please see below for some relevant sessions that will be running in September. Both these courses take place at the Curriculum Training Centre in Twickenham.

**Course:** Safeguarding children – a shared responsibility

**Date:** Tuesday 14 September

**Time:** 9.30am to 3.30pm

**Cost:** £100

**Course:** Paediatric First Aid

**Date:** 25 and 26 September 2010 or 29 and 30 September 2010

**Time:** 9am to 4pm

**Cost:** £80

If you have any questions or queries regarding any CPD opportunities within the borough, please contact Clare Meadows, on 020 8891 7515 or email [clare.meadows@richmond.gov.uk](mailto:clare.meadows@richmond.gov.uk).

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Richmond upon Thames College offer a range of courses for coaching and professional development. Details of these courses can be found on their website [www.richmond-utcoll.ac.uk](http://www.richmond-utcoll.ac.uk) or by calling the college on 020 8607 8000.

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St Mary's University College are offering a range of courses specifically aimed at coaches continuing professional development. To find out more about the range of courses that they offer please contact the Professional Short Course Unit School of Human Sciences, St Mary's University College.

Phone 020 8240 4321 email [shortcourses@smuc.ac.uk](mailto:shortcourses@smuc.ac.uk). Website [www.smuc.ac.uk/shortcourses](http://www.smuc.ac.uk/shortcourses)

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Courses that you may be interested in can also be found on the Proactive South London website at [www.pro-activesouthlondon.org/courses](http://www.pro-activesouthlondon.org/courses) or they can be contacted on 020 8916 2262.

When coaches/volunteers complete the online registration form there is an opportunity to provide details of any continuing professional development courses that you are interested in. In response we will be running various Sports Coach UK and running sports workshops at various venues throughout 2010.

We are planning to run workshops in Safeguarding and Protecting Children, Equity in your Coaching, How to Coach Disabled People in Sport and A Club for All. These are workshops that individuals in the clubs are required to have attended in order for the club to achieve Clubmark and also increase their knowledge of best practice within sport. We are looking for suitable venue to hold these courses so if your club has chairs and space large enough for approximately 15 people to sit and break into groups and would be keen to host some workshops then please contact the sports development team. In return for hosting workshops we are able to offer the club two free places on the workshop for club members to attend.

### **What do coaches want?**

Coaching for London is in the process of engaging with sports coaches to identify what their support needs are locally. In a move to provide detailed information to Governing Bodies of Sport, the sub-regional Coaching System Support Networks have launched an on-line survey. The information gathered will be used to develop coaching strategies across London and will guide the provision of training opportunities through the Mayor's Legacy Skills Fund. The Coaching Development Managers in the five PRO-ACTIVE Partnerships in London have created a 'what coaches want' survey online to gather coaches' views on their support needs.

The survey is being targeted at coaches of all levels; volunteer and paid coaches; club and community coaches; school coaches; coach employers and Governing Body coaches. The survey can be accessed at <http://www.surveymonkey.com/s/Londoncoaches> and will be live until Wednesday 1 September 2010.

For more information, contact Ricky Pattenden, Pro-Active West London Coaching Development Manager at [ricky.pattenden@brunel.ac.uk](mailto:ricky.pattenden@brunel.ac.uk) / 07920 751628.

### **Get Active London**

Get Active London is an online 'one stop shop' providing up to date information on clubs, sport and recreational opportunities available to the local communities across London. The site, backed by the Mayor of London as part of the 2012 Sport Legacy Plan. The aim of the site is to get more Londoners active, increase the memberships of club and help make activities and events a success. All of this is free to you, your club and the Londoners who access the information. Clubs will be able to access and update their information at the touch of a button making sure that it is constantly up to date. You can visit the website at [www.getactivelondon.com](http://www.getactivelondon.com). Please encourage your club to sign up to the website and keep their information up to date.

We would like your feedback on this newsletter and what you like to see included in the next issue. Please complete your comments below and return it to us at the address at the bottom of the page.

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Alternatively please email your comments to [lizzy.walne@richmond.gov.uk](mailto:lizzy.walne@richmond.gov.uk) or call 020 8831 6134.

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