

Coach Registration Scheme Newsletter

July 2009

Coach/Volunteer Registration Scheme

The Borough's coach/volunteer registration scheme continues to grow with around 100 coaches and volunteers registered.

The objectives of the scheme are

- to establish and maintain a database of active coaches and volunteers
- identify development needs for active coaches and volunteers
- provide opportunities for professional development and sharing best practice
- ongoing support and development of sports coaching and volunteering in the borough
- ensuring equality of opportunities for coaches and volunteers

The registration process is quick and easy and can be done online at

www.richmond.gov.uk/sportsdevelopment

RISE – Richmond upon Thames Inclusive Sport and Exercise

The second RISE (Richmond upon Thames Inclusive Sport and Exercise) event was held at St Mary's University College on Saturday 28 March 2009. The event kicked off at 10am and continued until 3pm, with the opportunity to try out a variety of sports and physical activities throughout the day.



There were sessions in dance, boccia, indoor rowing, football, sitting volleyball, curling and aerobics. Everyone had a great time taking part in all the activities that were on offer. There were coaches and instructors on hand from local clubs and organisations who supported and encouraged everyone to participate on the day. We also had some great volunteers from St Mary's University, Three Wings Trust and Richmond College.

The afternoon saw the first Richmond Boccia tournament. Teams from Special Olympics Richmond (SOR), Crofters Club and Three Wings Trust took part, after a close first round of matches all three teams were tied. At the end of all the games, Three Wings Trust had gone ahead to win the gold medal with SOR winning the silver and Crofters winning the bronze. All participants played well and there were some very close and exciting matches.

The next RISE event will be held on Saturday 3 October 2009 at St Mary's University College, from 10am-3pm. We will be running the Sports Coach UK How to Coach Disabled People in Sport alongside the RISE event on 3 October from 10.30am-12.30pm, the cost of the course is £15. To find out more or to book a place, please contact the Sports Development Team.

We are looking to increase the number of inclusive and disability specific sport, exercise and physical activities that are available in the borough.

If you are keen to get involved in these activities please contact Lizzy Walne on 020 8831 6134 or email lizzy.walne@richmond.gov.uk



Balfour Beatty London Youth Games 2009

Every year over 20,000 young Londoners from the 32 London Boroughs and the City of London, compete in over 30 different sports competitions that comprise the games. The results from all the different sports are added together and the winning borough wins the Jubilee Trophy.



London Youth Games was launched in 1977 as part of the Queen's Silver Jubilee Celebration. Now entering its 32nd year, the Games provides competitive sporting opportunities for young Londoners representing the London Borough they live or go to school in.



Team Richmond 2009

After seven months of competition, involving 50 events, a team of young athletes representing Richmond has finished fourth in the 2009 London Youth Games. Along the way the team picked up five gold medals and 24 top ten finishes, as well as the 'Most Improved Borough' award.

Over 400 young people living or attending school in Richmond upon Thames took part in the games, which started back in January and finished at Crystal Palace last weekend (4 and 5 July).

Commenting on the success Cllr Liz Jaeger, Cabinet Member for Youth, Culture and Leisure, said: "This year has been a historic London Youth Games for Team Richmond, our most successful since it started 32 years ago. My congratulations go to all those who took part and my thanks to our sports development team for all their hard work. We received great support from local sports clubs, such as Harlequins, who sponsored the team, as well as having training sessions with Olympic champions like Andrew Triggs-Hodge and Anna Hemmings. These partnerships are something we will look to build on in the future, so that young people in the borough have the very best opportunities to develop their skills."



Mark Evans, Chief Executive of Harlequins, added: "We were delighted to sponsor the team and attend the mini Youth Games last Thursday. It was particularly pleasing to see so many young people taking part who have been involved in some of the community activities we run at the club. This is the ninth year we have supported Team Richmond, during which time it has gone from strength to strength, and we look forward to working with them in the year's to come."

The games involved all 32 London Boroughs and the City of London, competing against each other in over 50 sporting events. Team Richmond won gold in the boy's judo team event, girl's tag rugby, girl's hockey, rowing and kayak sprint teams, as well as being crowned overall regatta champions. There were also top five finishes in netball, karate, squash, disability football, swimming and indoor rowing.

Team Richmond also did exceptionally well in the mini games on Thursday 2 July. Over 80 youngsters from a selection of the borough's primary schools competed in seven sports. Richmond retained first place in the tag rugby for the fourth year in a row, came second in swimming and netball and third in hockey.



To find out more about the opportunities for coaching and volunteering with Team Richmond for the Balfour Beatty London Youth Games 2010, please contact the Sports Development Team on 020 8831 6133. For more information visit: www.richmond.gov.uk/london_youth_games

Courses for Coaches and Volunteers

St Mary's University College are offering a range of courses specifically aimed at coaches continuing professional development. To find out more about the range of courses that they offer please contact the Professional Short Course Unit School of Human Sciences, St Mary's University College, Waldegrave Road, Twickenham TW1 4SX, Phone 020 8240 4321 email shortcourses@smuc.ac.uk

Courses that you may be interested in can also be found on the Proactive South London website at www.pro-activesouthlondon.org/courses or they can be contacted on 020 8916 2262.

Richmond upon Thames College offer a range of courses for coaching and professional development. Details of these courses can be found on their website www.richmond-utcoll.ac.uk or by calling the college on 020 8607 8000. They also have details of sports and fitness courses offered in partnership with other educational institutions which can be found at www.coachingleisureandfitness.co.uk.

When coaches complete the online registration form, for the coach/volunteer registration scheme, there is an opportunity to provide details of any continuing professional development course that you are interested in. As a response to this we will be running various Sports Coach UK and running sports workshops at various venues throughout 2009.

We are planning to run workshops in Safeguarding and Protecting Children, Equity in your Coaching, How to Coach Disabled People in Sport and A Club for All. These are workshops that individuals in the clubs are required to have attended in order for the club to achieve Clubmark and also increase their knowledge of best practice within sport.

We are looking for suitable venue to hold these courses so if your club has chairs and space large enough for approximately 15 people to sit and break into groups and would be keen to host some workshops then please contact the sports development team. In return for hosting workshops we are able to offer the club two free places on the workshop for club members to attend.

Course dates and courses –

Course: How to Coach Disabled People in Sport

Details: Saturday 3 October 2009, 10.30am-12.30pm at St Mary's University College

Cost: £15

For more information or to book a place please contact Lizzy Walne, Sport Development Officer, on 020 8831 6134 or email lizzy.walne@richmond.gov.uk

Coachability mentors required

The Coach-ability project is managed by the London Sports Forum for Disabled People (LSF). It will support 150 disabled Londoners to become qualified coaches by the year 2010 in the sport of their choice.

CRITERIA

- Do you have a level 2 coaching qualification?
- Are you interested in working with disabled people?
- Can you commit to providing monthly feedback to LSF?

WHAT WE OFFER

- Mentor training events delivered by sports coach UK
- Introduction to mentoring
- A guide to mentoring sports coaches
- Building rapport
- The impact of high quality coaching on learning
- Paid mentoring opportunities at £20 per hour



All coaches will need to have a Criminal Record Bureau check through LSF when commencing the project. To find out more please contact Shaun Powell, Coachability Project Manager, on 020 7717 1699 or email shaun@londonsportsforum.org.uk.

Information on Local and National Sports Organisations and Initiatives

Pro-Active South London

Pro-Active South London (P-ASL) is a partnership of organisations with a common interest in developing sport and physical activity in the London boroughs of Bromley, Croydon, Kingston-upon-Thames, Merton, Richmond-upon-Thames, Sutton and also Wandsworth. They were established in May 2006 as one of five sub-regional sport and physical activity partnerships in London and are funded by the London Regional Sports Board. You can find more details about Pro-Active South London on their website www.pro-activesouthlondon.org. Their website also has details on funding, training and courses, clubmark and club development.

Sports Coach UK

Sports Coach UK is a charitable organisation and the lead for the development for the UK Coaching System. More details on Sports Coach UK can be found on their website www.sportscoachuk.org.

Skills Active

Skills Active are the Sector Skills Council for the Active Leisure and Learning Industry, within this sector there are 5 sub-sectors sport and recreation, health and fitness, playwork, the outdoors and caravans. Skills Active is lead by employers and what they need from their workforce ensuring that qualifications meet the needs of the employers and the jobs that are available. They also look to make sure that funding is available for courses within the sector. Their website is www.skillsactive.com and contains information on many courses that are available within the sector and also some funding that may be available to help you complete the courses.

National Skills Academy

National Skills Academy is a subsidiary of Skills Active and focuses on meeting the needs of employers within the industry by providing courses that help to fill any skills gaps that they have identified. They list courses and training providers across the country. For more details visit their website www.sportactivena.co.uk.

Train to Gain

'Train to Gain is the national skills service that supports employers of all sizes and in all sectors to improve the skills of their employees as a route to improving their business performance'

They can advise employers, including sports clubs, about funding for certain courses for individuals that will help support the club. There is more information on their website www.traintogain.gov.uk or you can phone them on 0849 600 9006. You are able to contact a business broker who can independently advise on the courses and options available to you and the club, they are able to meet with you at a time that is convenient with you. Contact with a business broker is free so it is worth exploring the options available

We would like your feedback on this newsletter and what you like to see included in the next one. Please complete your comments below and return it to us at the address at the bottom of the page.

Alternatively please email your comments to lizzy.walne@richmond.gov.uk or call 020 8831 6134.

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