

# **Join Now** **no contract**



**6 sports centres**

**4 pools, 5 gyms and over 200 fitness classes**

**10 day money back guarantee on all memberships**

**Specifically tailored services**



**Get your 6 week Feel Good Fitness programme at one of our Feel Good Fitness sites now!**

# FEEL GOOD ABOUT...

- Fully staffed state of the art gyms with qualified instruction
- Membership covers 6 centres
- Specially tailored services for those new to exercise
- Complimentary personalised programmes every 14 visits
- Regular instructor led abdominal training services

**Please contact us today  
for more information**

**TEDDINGTON POOLS & FITNESS CENTRE**

**SHENE SPORTS & FITNESS CENTRE**

**HAMPTON SPORTS & FITNESS CENTRE**

**TEDDINGTON SPORTS CENTRE**

**WHITTON SPORTS & FITNESS CENTRE**

**POOLS ON THE PARK**

**Phone: 020 3772 2999**

**[www.richmond.gov.uk/fgf\\_offers](http://www.richmond.gov.uk/fgf_offers)**

Terms and conditions apply.

Cannot be used in conjunction with any other offer.

