

## Richmond Open Award D of E Centre 2016-17:

All sessions will start at 5.45pm and finish at 8pm, unless otherwise stated.

(All staff in at Ham Youth Centre from 5.15 to 8.15 p.m.)

Updated 15<sup>th</sup> September 2016

### Key:

Ham Silver Award (Monday's)	Total of 16 sessions
OAC Expeditions	

### Monday's & Thursday's

5 <sup>th</sup> September	Silver edofe Section signing off session Ensure all sections submitted & Complete (2015/16 participants) <b>Hand out Expedition letter &amp; Medical &amp; Parental Consent Forms</b>	
29 <sup>th</sup> September <b>(Thursday)</b>	Intro to Silver D of E Why you should do Silver D of E	Programme Information & Questions Handout enrolment forms
3 <sup>rd</sup> October	Expedition Route Cards & Menu Plans, Expedition Aims & Goals	
10 <sup>th</sup> October	Additional Silver Enrolment evening	
17 <sup>th</sup> October	Finish Expedition Route Cards, Kit Issue & Expedition Briefing	
<b>Sunday 16<sup>th</sup> October</b>	Expedition Route Cards, Kit Issue & Expedition Briefing (OAC/School Participants)	
<b>22<sup>nd</sup> to 24<sup>th</sup> October (Saturday to Monday)</b>	<b>Open Bronze &amp; Silver Assessed Expedition (New Forest)</b>	
<b>HALF TERM</b>	<b>22<sup>nd</sup> October to 30<sup>th</sup> October (Clocks Change Sunday 30<sup>th</sup> October)</b>	
7 <sup>th</sup> November*	Ground Rules sessions & Expeditions Section choices, eDofe session Hand out Consent forms, collect forms/payments Trangia stoves & cooking	<b>(New Silver Participants)</b>
21 <sup>st</sup> November	Weather, Expedition clothing, Sleeping Bags (TOG) & Rucksack Packing Uploading Sectional Evidence & Assessor Reports	
5 <sup>th</sup> December	Highway & Countryside Codes, Emergency Procedures & How to respond to Incidents	First Aid & Emergencies
<b>CHRISTMAS HOLIDAY'S</b>	<b>22<sup>nd</sup> December to 3<sup>rd</sup> January</b>	
16 <sup>th</sup> January	Set Silver expedition groups, discuss group aims & individual goals for assessed expeditions Emergency Procedures & How to respond to Incidents	
30 <sup>th</sup> January	Preparatory map skills, grid references, map orientation & ticking features	

<b>HALF TERM</b>	<b>13<sup>th</sup> February to 19<sup>th</sup> February</b>	
20 <sup>th</sup> February	Compass/bearings, distance, pacing & timing	
6 <sup>th</sup> March	Hand rails, aiming off, attack points & introduction to route planning	
<b>19<sup>th</sup> March (Sunday)</b>	<b>Navigation Training Day (Newlands Corner, North Downs)</b>	
20 <sup>th</sup> March	Introduction to how to plan routes, route card information, good & bad route cards, walking through expedition routes, refresher on timing Expedition kit, rucksack packing & tent pitching, Cooking on Trangia's refresher	
<b>EASTER HOLIDAY'S</b>	<b>1<sup>st</sup> April to 17<sup>th</sup> April (Clocks Change Sunday 26<sup>th</sup> March)</b>	
8 <sup>th</sup> May	Silver practice expedition route cards, meal planning/nutrition & calorie intake	
22 <sup>nd</sup> May	Silver assessed expedition route cards, meal planning/nutrition & calorie intake	
<b>HALF TERM</b>	<b>27<sup>th</sup> May to 4<sup>th</sup> June (Note: GCSE Exams)</b>	
12 <sup>th</sup> June	Complete Silver practice & assessed expedition route cards & Meal plans	
26 <sup>th</sup> June	Silver Kit Issue, Emergency procedures & Expedition Brief	First Aid refresher
<b>30<sup>th</sup> June to 2<sup>nd</sup> July (Friday to Sunday)</b>	<b>Silver Practice Expedition (New Forest)</b>	
6 <sup>th</sup> July (Thursday)	Silver Expedition Kit return & debrief, Complete assessed expedition route cards & menu plans	
<b>SUMMER HOLIDAY'S</b>	<b>22<sup>nd</sup> July to 4<sup>th</sup> September</b>	
24 <sup>th</sup> July	Gold Expedition Kit return & debrief	Silver Kit Issue, Emergency procedures & Expedition Brief
<b>28<sup>th</sup> to 30<sup>th</sup> July (Friday to Sunday)</b>	<b>Silver Assessed Expedition (South Downs)</b>	
31 <sup>st</sup> July	Silver Expedition Kit return & debrief	
<b>September Date TBC</b>	eDofE Signing off session	

Programme uploaded to <http://www.richmond.gov.uk/dofe>

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