# Sensory Palace programme

## **Historic Royal Palaces**



#### Who are we?

 Historic Royal Palaces is the independent charity that cares for the Tower of London, Hampton Court Palace, Banqueting House, Kensington Palace, Kew Palace and Hillsborough Castle in Northern Ireland.





## What do we do?

- We look after palaces
- We help everyone explore the story of how monarchs and people have shaped society, in some of the greatest palaces ever built.







# **Sensory Palaces**

- Historic Royal Palaces is committed to working with audiences who face barriers to engagement with our palaces.
- Sensory Palaces is a new health and wellbeing programme, managed by the Learning & Engagement team, for adults with dementia and their carers.







### **Sensory Palaces**

-The core of the programme: combining the Sensory Learning approach with Storytelling while using the period Spaces as inspiration and venue

#### Stories+Senses+Spaces=Sensory Palaces





# Why sensory storytelling?

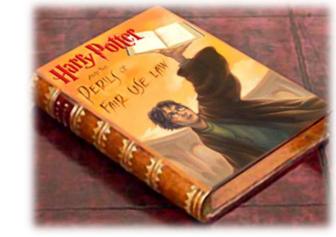
- Sensory stimulation is important for cognitive development and learning
- Sensory stimulation supports memory growth and retention
- Sensory stimulation promotes engagement with life





#### The importance of narratives

What would be different about your life if you didn't have stories in it?







# What do sensory palaces sessions look like?





# Historic Royal Palaces













# Who do we work with?

People in early stages of dementia and their carers

Leading the

Alzheimer's fight against dementia

Society

 Working in partnership with Alzheimer's Society (Richmond)



# Sensory Palaces so far

- We have been piloting, monitoring and evaluating the programme in 2013-15
- We are developing regular offer beyond the pilots
- Dementia Friends information sessions for our staff and volunteers to increase dementia awareness







# ...and

We are looking for new partnerships with local organisations to run taster workshops in Autumn/Winter 2015/16



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### **Questions?**